## Getting into College: A Parent's Journey



## Colleges Represented

Cal Poly SLO ..... 1
Carnegie Mellon University ..... 1
Dartmouth College / Amherst College ..... 1
Duke University ..... 2
Evergreen State College ..... 1
Harvard ..... 3
MIT ..... 1
Princeton ..... 2
Stanford ..... 1
The George Washington University ..... 1
Tufts University ..... 1
University of California, Berkeley ..... 1
University of Chicago ..... 2
University of Pennsylvania (Wharton) ..... 1
University of Pennsylvania ..... 2
University of Southern California ..... 2
University of Washington ..... 4

## School Fit



| Excellent | 16 | $62 \%$ |
| :--- | ---: | ---: |
| Good | 8 | $31 \%$ |
| Okay | 2 | $8 \%$ |
| Not so great | 0 |  |
| Other | 0 |  |

## For good \& excellent fits What helped you select your school?

Research (website, internet, print

| materials) | 14 | $52 \%$ |
| :--- | :---: | :---: |
| Talked to students/professors | 9 | $33 \%$ |
| Visited campus | 12 | $44 \%$ |
| College Corps Advisor | 2 | $7 \%$ |
| Private Counselor | 1 | $4 \%$ |
| Interned at school | 1 | $4 \%$ |
| Followed Significant Other | 1 | $4 \%$ |
| Parents | 1 | $4 \%$ |

## Things That Stood Out

- Owned their process.
- Passionate, motivation, hard-work, determination
- Effort; no one did it for them.
- They weren't afraid to ask for help.


## University of Southern California

"It doesn't seem like colleges look for a long list of activities so much as they look for a few to which you're really committed. Definitely emphasize depth over quantity."

## University of Southern California

"Essays are the one place where you actually get to insert your own personality into your application,
so make sure to put a lot of time into them."

## Carnegie Mellon University

"...I had insane enthusiasm for coming here. I bombarded them with email addendums.
That enthusiasm, as well as grades and activities got me in."

## Harvard

"My grades prevented me from being immediately discarded, but I think ultimately the main things that got me through the admissions process were teacher recommendations and college essays."

## Duke University

"I connected really well with the interviewer. I don't know how much weight was given to her comments, but making a positive impression on the interviewer could not have hurt."

## MIT

"While your grades are important, depth of extracurricular activities and evidence that you're not just an encyclopedia or test-taking machine are equally important. Admissions wants to see that applicants are human!"

## University of Washington

"The UW sometimes gets a bad rep among students and parents in the PRISM program.... However, the UW has so many amazing opportunities to offer, for a fraction of the price, that if you take advantage of them you are getting one of the best deals in education in the country."

## U Penn

"...grades and test scores are a must up until a certain point. At that threshold, whatever it may be, you have to be able to differentiate yourself..."

## Harvard

"Make sure, of course, that the teacher is willing to write a good recommendation letter and that the teacher has specific examples or anecdotes about the student in mind (maybe remind the teacher about this)."

## Example College Requirements (Harvard)*


*From College Board Website

## Bellevue Schools Graduation Requirements

| SUBJECT | CREDITS | SEMESTERS REQUIRED | Harvard Recommendations (Semesters) |
| :---: | :---: | :---: | :---: |
| ENGLISH | 4.0 | 8 | 8 |
| MATHEMATICS | 3.0 | 6 | 8 |
| HEALTH | 0.5 | 1 |  |
| SOCIAL STUDIES* | $3 \cdot 5$ | 7 | 6 |
| HISTORY |  |  | 4 |
| SCIENCE |  |  | 8 |
| LABORATORY SCIENCE | 2.0 | 4 |  |
| OCCUPATIONAL ED. | 1.0 | 2 |  |
| PHYSICAL ED. | 2.0 | 4 |  |
| FINE, VISUAL OR PERF. ARTS | 1.0 | 2 |  |
| FOREIGN LANGUAGE |  |  | 8 |

## Washington State Social Studies Requirements

State requirements for social studies include:
1 semester United States history.
1 semester American government.
2 semesters contemporary world history, geography, and problems.

In addition, the equivalent of 1 semester in Washington State history and government must be met in grades 7-12.

## Parents' Responsibilities --beginning of high school

- From the beginning of high school, make sure you child knows the parameters.
- Financial Situation
- What (generally) it takes to get into college
- What the priorities are


## Parent's Responsibilities --During the college app

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- Listen to your child - They own this.
- Don't micro-manage the process.
- Offer help and support.
- Establish deadlines, and check in.
- Don't make it more stressful than it is already
- Don't "package" your child.


## Tufts

"I applied to a lot of very similar schools and got rejected or waitlisted at nearly all of them.... I lettered in [a sport] all four years of high school, was captain for two years. Participated in a youth service organization for all four years, as well as [other] extracurricular activities.... My essays were probably a weak point."
SAT scores: 720, 800, 690

## Students Responsibilities -- from the start of high school

- You have four years to build a resume
- Find (or at least narrow the choices on) your passions
- Establish a reputation with counselor, teachers and others
- Establish excellent study habits/a solid transcript
- Learn what you will be evaluated on by teachers and others.


## Beyond grades, what do colleges consider?

- Rigor of coursework
- Initiative/motivation
- Self-discipline
- Ability to overcome hardship
- Intellectual curiosity
- Leadership
- Community service
- Creativity
- Special talent (music, dance etc.)


## Teachers Evaluations

- How long have you known the student and in what context?
- What are the first words that come to your mind
- to describe this student?
- In what grade level(s) was the student enrolled when you taught him/her
- List the courses in which you have taught this student, including the level of course difficulty.


## Teacher's Evaluation Rating Levels

- No Basis
- Below Average
- Average
- Good (above average)
- Very good (well above average)
- Excellent (top 10\%)
- Outstanding (top 5\%)
- One of the top few l've encountered (top 1\%)


## Teacher's Evaluation Criteria

- Academic achievement
- Intellectual promise
- Quality of writing
- Creative, original thought
- Productive class discussion
- Respect accorded by faculty
- Disciplined work habits
- Maturity
- Motivation
- Leadership
- Integrity
- Reaction to setbacks
- Concern for others
- Initiative, independence
- OVERALL


## Teacher's Evaluation

Please write whatever you think is important about this student, including a description of academic and personal characteristics, as demonstrated in your classroom. We welcome information that will help us to differentiate this student from others.

## What should you look for in a college?

- A good fit academically (test scores)
- Majors/ programs
- Admission requirements
- Size
- Location
- Campus climate/values
- Available activities

